

## Helene Blackwell

## FINISHED THE 2016 CANBERRA SPRINT DISTANCE TRIATHLON as part of the Canberra Triathlon Festival

16th January 2016

00:21:05 00:37:46

00:24:41

01:23:33

750M SWIM SPLIT

20KM BIKE SPLIT

**5KM RUN SPLIT** 

**OVERALL TIME** 

30-34

3

42

CATEGORY

**CATEGORY PLACING** 

**OVERALL PLACING** 













